

poke

choose your...

1) bowl

classic

edamame, wakame
seaweed, radish,
pineapple, sesame,
spring onion

spicy

edamame, carrot,
mango, sushi ginger,
sesame, candied
jalapenos, crispy onions

oahu

wakame seaweed,
carrot, smashed avo,
mango, crispy shallots,
pomegranate, sesame

korean

wakame seaweed,
cucumber, kimchi, sushi
ginger, radish, nori,
sesame

2) base

sticky sushi rice
brown rice
rainbow slaw
mix of 2

3) protein

tofu		10
salmon		11.95
tuna		11.95
teriyaki shiitake	 	11.95
grilled chicken		11.95
bbq brisket		12.95

4) sauce

ginger peanut		
teriyaki	 	
roasted sesame	 	
chipotle aioli		
sriracha mayo	 	
honey sriracha	 	

5) add

smashed avo	1.50
kimchi	1.25
other toppings	0.75

hot bowls

choose your...

1) bowl

ginger peanut chicken

12.50

grilled chicken breast, ginger peanut & chilli sauce, edamame, mixed cabbage, radish, toasted peanuts, spring onion

huli katsu

13.50

baked panko breaded chicken breast, coconut katsu sauce, carrot, cucumber, almonds, coriander, radish

beef massaman

13.50

pulled bbq brisket, coconut massaman sauce, toasted peanuts, carrot, spring onion, coriander

gochujang shiitake

12.50

pulled mushrooms, korean BBQ sauce, kimchi, cucumber, carrot, spring onion, coriander

shawarma

12.50

pulled chicken shawarma, carrot, cucumber, tomato, smashed avo, pomegranate, coriander, chipotle aioli

2) base

- sticky sushi rice
- brown rice

smoothies

5.50

5 a day

strawberry, apple, mango, pineapple, kiwi

loco coco

mango, pineapple, coconut, lime, mint

very berry mary

blueberry, raspberry, banana, flax seed

green machine

mango, avocado, spinach, broccoli, coconut ginger, lime

protein shakes 5.95

wakey wakey

banana, peanut butter, dates, cacao nibs, pea protein, maca

matcha cha cha

banana, spinach, almond butter, jenki matcha, vanilla protein powder

hot drinks

matcha latte

4.50

Jenki Matcha, Water
chai latte
Jenki Matcha, Milk

4.50

hot chocolate

3.50

add syrup

0.95

Vanilla Syrup, Jenki Matcha, Milk
vanilla
hazelnut
caramel
maple

tea

english breakfast

3.00

peppermint

3.00

lemon ginger

3.00

green tea

3.00

earl grey

3.00