

Peeld

Poke

Traditional Hawaiian sushi bowls



1) Choose your Bowl...

Classic

Edamame, Wakame Seaweed, Radish, Pineapple, Spring Onion, Sesame

Spicy 🌶️

Edamame, Carrot, Mango Salsa, Candied Jalapenos, Sushi Ginger, Crispy Shallots, Sesame

2) Choose Base...

- Sticky Sushi Rice
- Brown Rice
- Rainbow Slaw
- Mix of 2

4) Choose Sauce...

- Ginger Peanut 🌱
- Teriyaki 🌱🌶️
- Roasted Sesame 🌱🌶️
- Chipotle Aioli 🌱
- Sriracha Mayo 🌱🌶️
- Honey Sriracha 🌱🌶️
- Chilli Jam 🌱🌶️

Oahu 🌶️

Wakame Seaweed, Guacamole, Carrot, Mango, Pomegranate, Crispy Shallots, Sesame

Korean

Wakame Seaweed, Cucumber, Kimchi, Radish, Sushi Ginger, Nori, Sesame

3) Choose Protein...

- Tofu
- Vegan 'Chicken' 🌱
- Salmon
- Tuna
- Beef BBQ Brisket

Add...

- Guacamole + 1.25
- Other Toppings + 0.75

All Out 🌶️

Tuna & Salmon in Sesame Shoyu, Guacamole, Pineapple, Edamame, Wakame, Candied Jalapenos, Nori, Toasted Peanuts, Crispy Onions

Chicken Shawarma

Pulled Chicken Shawarma, Carrot, Tomato, Cucumber, Guacamole, Pomegranate, Coriander, Sumac

Dubai Frozen Yoghurt 🌶️

Sugar Free Frozen Yoghurt, Pistachio Cream, Pistachios, Chocolate Sauce

Specials

Acai + Fro-Yo

Natural frozen yoghurt and traditional Brazilian Acai

1) Choose your base...



Acai

4 toppings



Frozen Yoghurt

4 toppings



Kids Size Yog

2 toppings

2) Choose Toppings...

- Strawberries
- Blueberries
- Raspberries
- Mango
- Pineapple
- Pomegranate
- Choc Chips
- Almonds
- Peanuts
- Pistachios
- Chia Seeds
- Goji
- Granola 🌶️

3) Choose a sauce...

- Strawberry
- Blueberry
- Peanut Butter
- Chocolate
- Honey
- Agave
- Maple Syrup

EAT

Allergies or intolerances:
Please ask a member of staff to change your ingredients!

🌾 Contains Gluten

Meal Deal

Add a drink and snack to any bowl for 4.50

Drinks include: Peeld Super Lemonades, Nix & Kix, Belvoir, Something and Nothing Seltzers.

Snacks include: Edamame Beans, Banana Breads, Brownies, Crisps & Energy Bars.

Home Baked

Banana Bread 🌶️

Plain or biscoff flavour. Vegan.
Meal Deal Snack

Brownie 🌶️

Vegan Choc Fudge Brownie.
Meal Deal Snack

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Peeld



DRINK

Juice

Cold-pressed in-store every morning using the freshest ingredients

Healthy McHealthface

Cucumber, Apple, Spinach, Kale, Lemon, Parsley, Spirulina

Ginger Ninja

Carrot, Orange, Red Pepper, Ginger, Turmeric



Multi Vitamin

Pineapple, Carrot, Orange, Kiwi, Lemon

Lean Green

Apple, Pineapple, Cucumber, Kale, Lemon, Ginger

Super Lemonades

Defender

Lemon, Ginger, Turmeric, Honey, Water
Meal Deal Drink

Mo'Jito

Lemon, Mint, Spirulina, Honey, Water
Meal Deal Drink

Strawbae

Lemon, Strawberry, Elderflower, Honey, Water
Meal Deal Drink

Blue Me Away

Lemon, Blueberry, Maple Syrup, Water
Meal Deal Drink

Smoothies

Green Machine

Avocado, Mango, Spinach, Broccoli, Coconut, Ginger, Lime

5 a day

Strawberry, Apple, Mango, Pineapple, Kiwi

Loco Coco

Mango, Pineapple, Coconut, Lime, Mint

Very Berry Mary

Blueberry, Raspberry, Banana, Flaxseed

Protein Shakes

Matcha Cha Cha

Banana, Spinach, Almond Butter, Vanilla Protein Powder, Jenki Matcha

Wakey Wakey

Banana, Peanut Butter, Dates, Cacao Powder, Pea Protein, Maca

Immunity Shot 3.00 or 2 for 5.00

Ginger, Turmeric, Apple, Lemon

Matcha

1) Choose your Drink

Matcharicano 4.00
Jenki Matcha, Water

Latte 4.50
Jenki Matcha, Milk

Vanilla Latte 5.50
Vanilla Syrup, Jenki Matcha, Milk

Strawberry Latte 5.50
Strawberry Coulis, Elderflower, Matcha, Milk

Blueberry Latte 5.50
Blueberry Coulis, Maple Syrup, Jenki Matcha, Milk

Pistachio Latte 5.50
Pistachio Cream, Jenki Matcha, Milk

2) Choose your Milk

Semi Skimmed, Oat 🥛
Coconut, Almond

3) Hot or Iced?

JENKI x Peeld

